



EF International Language Centers

# Language Courses Abroad

For students aged 13-16

Junior pre-departure information 2012

# Bournemouth



## School location

EF Bournemouth is a 10-minute walk from the beach and the town centre.

## Address

EF International Language Centers  
Bournemouth  
11 Poole Road  
Bournemouth  
Dorset, BH2 5QR

## Accreditations & Memberships

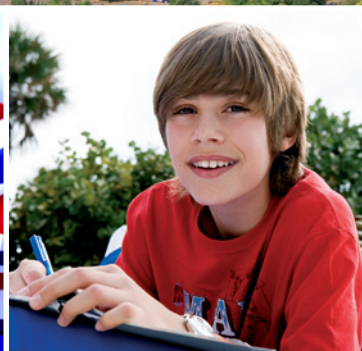






# Welcome to EF Bournemouth

Bournemouth, a charming resort town on the scenic Dorset coast, is famous for its award winning golden beaches, lush parks and busy nightlife. The EF school, just ten minutes from the sea, offers learning and fun in a beautiful setting.



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# An introduction to EF

## EF around the world

EF International Language Centers, a division of EF Education First, welcomes students of all ages from every corner of the world to learn English at our schools in the UK, Ireland, USA, Canada, Malta, South Africa, Australia and New Zealand. Our specially designed Junior courses provide a great mix of lessons, culture and fun where we focus on building your confidence in speaking, listening, reading and writing. The use of EF books in class combined with an educational and social activity programme results in a fast and fun way to learn a language.

## EF and you

EF students come from lots of different backgrounds but like you they are all excited about improving their English and making friends from all over the world. Our Junior programme is designed for ages 13 - 16 and includes students from many different countries so at our schools you will have the chance to live and learn alongside students from up to 50

countries worldwide. We welcome you to join this international community where you will experience life and language with EF. We take great pride in our continuing dedication to our mission to break down barriers of language and culture.

Dear Student

We are very pleased that you have chosen to study at the EF International Language Center in Bournemouth. The Bournemouth school was founded in 1999 and we have been offering junior courses for the last 4 years.



Bournemouth is a cosmopolitan coastal town with beautiful beaches, an interesting cultural scene, lovely parks and surrounding countryside. The town is well placed for day visits to places such as London, Salisbury, Stonehenge and Oxford.

The school staff has many years experience of welcoming overseas students. Each summer they enjoy planning a special programme to ensure that you have interesting and stimulating lessons, which are complemented by activities that let you practise English with your new friends from all over the world.

We very much look forward to welcoming you to the Bournemouth school and helping you make the most of your time in England. I am sure that you will return home with many happy memories.

With best wishes,

Matt Llewelin  
School Director  
EF International Language Centers, Bournemouth

## Welcome to the EF world



# A seaside town with a bustling lifestyle

## ABOUT THE UNITED KINGDOM

### Welcome to the UK!

The United Kingdom is a group of islands in North-west Europe. Although it has one government and one head of state, the UK is actually made up of four countries: England; Scotland (to the north of England); Wales, (to the west of England) and Northern Ireland, which is on a separate island and shares a border with the Republic of Ireland. Due to a system called 'devolution' Scotland has its own parliament and first minister, and Wales and Northern Ireland have their own assemblies. These bodies have jurisdiction over matters which only concern those areas. All other matters are dealt with by the United Kingdom Parliament, based in Westminster.

The UK also has fourteen overseas territories, and heads up an organisation known as the Commonwealth which includes countries such as Canada and Australia, which were once part of the British Empire. The 53 Commonwealth countries are now all independent, but for some of them, Queen Elizabeth II remains the head of state.

Just to make things more confusing, the United Kingdom is also known as 'Great Britain', or sometimes, just 'Britain'. 'Great Britain' in fact, refers to the island containing England, Scotland and Wales. The island of Great Britain is joined to Europe by the Channel Tunnel.

The climate of the UK is temperate and temperatures seldom drop below -10°C in winter, or rise above 35°C in summer. The landscape is very varied, and can be quite desolate and wild in places. It ranges from gentle rolling hills and arable farmland in southern England to rugged and uninhabited mountain peaks in the Highlands of Scotland

and the Welsh Pennines. There are many places of outstanding natural beauty, such as the Lake District in Northern England.

As well as its beautiful and diverse countryside, the UK also has many culturally diverse towns and cities. From the old-fashioned English university towns of Oxford and Cambridge to the multicultural urban centres of Manchester and London, there is a style and a pace of life to suit almost everyone.

The UK is a highly popular destination for students, tourists, immigrants and business people.

## WEATHER WATCH

The climate in Bournemouth is rarely extreme but the weather can be very variable. The following temperatures are typical for the Bournemouth area:

Winter	2° - 10° C
Spring	5° - 22° C
Summer	12° - 24° C
Autumn	3° - 14° C

## ARRIVAL INFORMATION

### Transfer Service

Your transfers to and from the airport are included in your programme. You will be met by an EF Representative at the airport and taken to your address in Bournemouth, usually with other students. When you have passed through customs, wait in the arrival area for an EF Representative to meet you. If after a while, you have not met your greeter, go to the Information Desk where someone will help you. Do not leave the airport with anyone who does not know your name and course town address. If you are travelling as part of a group you should stay with your leader and follow their instructions.

## ABOUT THE EF SCHOOL

During July and August we open a separate junior school at the Freemasons Hall, Knole Rd, BH14DH. The School Director is assisted by an experienced team of teachers, welfare and activities staff.

During July and August we will open a separate junior school at the Freemasons Hall, Knole Rd, BH14DH. The school is just a 10-minute walk to the beach and a short bus journey to the town centre. Facilities include access to internet, dining areas and outdoor

leisure space.

## YOUR CLASSES AND LEARNING AT EF

### Your first day

On your first day of school you will have the chance to meet your fellow students, your teachers and other staff at the school. You should arrive at school at 8:30 am on the Monday morning; your homestay hosts or residence supervisor will help you to find your way. We will give you an introduction to school life and take you into Bournemouth so that you can begin to discover the town.

## UK Facts

- CAPITAL:** London
- CURRENCY:** Pound Sterling (£)
- DRIVING:** Left side of the road
- TIME ZONE:** GMT
- TELEPHONE CODE:** +44
- EU MEMBERSHIP:** 1 January 1973
- POPULATION:** 61,792,000 (mid-2009, UK national statistics)
- AVERAGE HIGH TEMP:** 20° C (July / August)
- AVERAGE LOW TEMP:** 5° C (January)
- GEOGRAPHIC CO-ORDINATES:** 55 00 N, 2 00 W
- COASTLINE:** 12,429 km
- HEAD OF STATE:** Queen Elizabeth II
- GOVERNMENT:** Constitutional monarchy
- COUNTRIES WITHIN THE UK:** England, Scotland, Wales, Northern Ireland
- NATIONAL TERM:** British (also English, Scottish, Welsh, Northern Irish)
- OFFICIAL LANGUAGES:** English (also Welsh, Scottish Gaelic, Irish)
- RELIGION:** Predominantly secular society (Christianity, Islam, Hinduism and Sikhism are the most popular religions)



## EF International Language Centers – BOURNEMOUTH

### Your lessons

Each lesson is 40 minutes long, but we often combine lessons, so you are likely to have lessons that are 80 minutes long in total. Your lessons will take place on alternate mornings and afternoons, Monday to Friday. You are required to attend all classes. If you do not attend your classes you will receive a warning and your parents will be informed. We also expect you to complete all homework set by your teachers. Your progress will be monitored regularly by your teacher and the Course Director. At the end of your course you will receive an EF Course Certificate if you have attended all your classes.

### YOUR ACTIVITIES

EF's dedicated team of activity organisers and leaders want you to have fun whilst you are at our school! Bournemouth has a wide range of activities from beach volleyball to an oceanarium visit, so whatever your hobby there is bound to be something on the Activity Programme to interest you. Bournemouth boasts beautiful parks and excellent leisure facilities which create an ideal environment for learning and fun.

### Weekly Activity Programme

A supervised weekly schedule of fun events and sporting activities is included in your programme and it is compulsory that you attend them. Activities are an important part of your course – they will help you to relax after studying, give you the chance to explore Bournemouth and other places in the UK and provide you with an opportunity to mix with your new friends from other countries and cultures. Whilst participating in activities you'll talk to new friends in your one common language – English!

### Evening Activities

Evening activities will be arranged for you – these are optional and you can choose to participate or spend the evening with your homestay hosts or at the residence. Examples of free evening activities are sports nights, discos and film nights.

Some evening activities such as pottery or indoor paintball may cost between £5 and £10.

### Weekend Excursions

Some excursions are included - and you may have booked additional excursions then you can pay for them when you are in Bournemouth. An excursion to London is included and you may have booked additional excursions. For example, the most popular excursion package is a called a Discovery City Pack which consists of a day in Salisbury & Stonehenge and a day in Oxford and Christchurch College. If you are travelling with a group you may have booked a more comprehensive package of excursions – be sure to check the documents from your local EF office for details.

If you have not booked additional excursions then you can pay for them when you are in Bournemouth. Our excursions are organised to ensure that you see as much as possible and you are always accompanied by an EF member of staff. If you do not want to go on an excursion, then fun and free activities with EF staff will be provided for you in Bournemouth.

### Paying for excursions at the school

Here are some examples of activities that may be on offer whilst you are in Bournemouth – please note these are only a sample and prices may be subject to change.

### Excursions

Corfe Castle & Jurassic Coast	£20
New Forest	£20
Brownsea Island	£20
Brighton & Royal Pavillion	£30
Oxford & Christchurch College	£30
Bath & Roman Baths	£30
Salisbury & Stonehenge	£30
Thorpe Park Roller Coaster Park	£37.50
London & London Eye	

or Mme Tussauds £37.50

### ACCOMMODATION AND MEALS

#### Living in a homestay in the UK

Most of our host families have looked after EF students for many years and know that students sometimes find it difficult to live in a different country, away from home. The family routine and the food you eat may be different from what you are used to at home but this is all part of your new experience and you should allow yourself a few days to adjust. All accommodation is carefully inspected by our accommodation officer and our host families are chosen for their kind welcome and supportive attitude.

### GENERAL TIPS FOR HOMESTAY LIVING

#### Laundry and Facilities

Your homestay hosts will change your towel and sheets every week and will wash your personal laundry. In the UK not all homestay bathrooms have showers – it's common for families to have a bath instead. This is something you may have to adjust to.

#### Courtesy

To call your friends and family, prepaid telephone cards are available at the school. Your family can telephone you but please ask them not to call too late. Please keep your room clean and tidy.

#### Estimated travel time to and from school

The average travel time from your homestay to school is 20-45 minutes and you normally travel by bus.

#### Meals in homestay

Your homestay hosts provide breakfast and dinner each day and packed lunch at weekends. On Monday – Friday you will be provided with lunch at school.

#### The Junior Residence

The junior residence is located just 5 minutes walk from the town centre and beach, and just a 15-20 minute bus journey to the summer junior school. You will share a room and bathroom facilities. Breakfast

and dinner will be provided at the junior residence and lunches are provided at the school (or on excursions). Your bed linen and a towel are provided and will be changed regularly.

There are coin operated laundry facilities on campus for your personal laundry and access to irons and ironing boards. When you arrive you will need to pay a key deposit of £100 which will be refunded when your key is returned if there is no damage to your room. The residence, like the school, is a non smoking building. We have our own EF Staff in the residence so there is always someone on duty to help.

### TIPS FOR TRAVELLING TO THE UK AND LIVING IN BOURNEMOUTH

#### Money matters

We recommend you bring £80 - £100 per week for local travel, souvenirs and additional activities. Only carry as much money as you need for one day. Money cannot be changed at school but there are many places nearby that will change cash or travellers cheques.

#### Healthcare and Travel Insurance

All students must ensure they have insurance coverage for accidents and illness while they are in Great Britain. We also strongly advise you to obtain travel and baggage insurance. The EF office can arrange insurance for you before you leave. We offer a customised portfolio of insurance for our customers through ERIKA Travel Insurance, a world leading insurance provider. It's hard to find better value for international health, baggage and property, accidental injury or trip interruption coverage. The EF staff are trained to assist with your ERIKA insurance questions and claims.

If you feel ill while you are in England talk to your homestay hosts, your leader or the school staff and they will help you. If you have insurance, you will have to pay for some of your treatment but if you keep all your receipts you can claim the money back from the insurance company. Please remember to

## EF International Language Centers – BOURNEMOUTH

bring your insurance documents with you when you come to England. If you have any personal problems there is a school staff member who you can talk to in private.

### Transport in Bournemouth

You will find the easiest way to get to school is by bus. You will travel independently to and from school but your homestay hosts or residence staff will help you on your first day. If you live in the junior residence you may be able to walk to school. A weekly bus pass costs £10 - £15 per week and can be bought on the bus. Please note prices may be subject to change.

### Appliances and Electricity

The mains voltage in Great Britain is 220-240. You may need to bring an adaptor if you wish to use your own electrical appliances.

### Mobile Telephones

We recommend that you bring a mobile telephone with you, so that your parents can reach you easily whilst you are in the UK. If you wish to make calls whilst you are in the UK the EF staff can help you to purchase a UK SIM card.

### Website Reading

[www.bournemouth.gov.uk](http://www.bournemouth.gov.uk)  
[www.bournemouthweb.com](http://www.bournemouthweb.com)

## ADJUSTING TO A NEW CULTURE

The EF school is more than a group of students who have come together to learn English. It is also a multi-cultural group of young people who want to share their own culture and learn the culture of their host country and new classmates. Your culture is made up of values, beliefs, arts, tradition and practices and this affects how we view ourselves, how we relate to others and what we value as important in life. We often don't realise how much our culture affects our lives.

You may have already had some exposure to the new culture you are about to experience from seeing television shows, reading books, or studying in school about Great Britain. While some parts of the culture may already seem

familiar to you, experiencing it for real will prove exciting. You will be meeting students from all over the world who, like you, are looking forward to meeting and making new friends whilst learning a language, both inside and outside the classroom.

You may experience homesickness and this is quite normal so we recommend that you bring some traditional objects and mementos from home, to share with other students and your host to teach them about your country.

### Tips on coping with change

Remember – change doesn't come without some effort! Things aren't better or worse, just different. Learning involves some form of change and this is part of the excitement of a new culture. You should try the following:

- Try not to spend too much time on your own. Enjoy the company of your classmates, other students and your homestay hosts.
- Take a few days to settle into your new environment.
- Talk to your leader or school staff about your worries or problems. We are here to help and would prefer to know about a problem you may have so we can help.
- Remind yourself that you came to this country for new experiences. Relax, take a deep breath, and think of all the new adventures you are having.

### Keep a diary

One way to keep track of your feelings and the changes that take place is to write about your experiences. This often helps cope with feelings of culture shock as it reminds you that it is truly a temporary phase you are in. This diary will also be a great memento of your time in the UK.

## WHAT TO EXPECT FROM YOUR EF COURSE

**What you can expect from EF International Language Centers:**

- Supportive staff available for guidance and encouragement throughout the day.

- Emergency help 24 hours a day, 7 days per week.
- A programme which combines language, culture and fun.
- 20 or 26 x40 minute lessons per week taught by qualified EF teachers.
- Course certificate on successful completion of the course.
- A full programme of local activities and excursions supervised by the EF activities team (minimum 1 staff member per 20 students).
- Carefully selected accommodation in a homestay or junior residence
- All meals
- Welcome Pack
- EF membership card giving access to discounts in Bournemouth.

## FOR PARENTS – OUR CHILD PROTECTION POLICY

At EF, we fully recognize the responsibility we have for child protection and we have a child protection policy to ensure our schools are safe environments for students to learn and develop. Special care is taken with the recruitment of staff and host families who work with our junior students. We have staff in the schools to help students with any questions that they may have and we would like to ask you to encourage your child to speak to the school staff if they have any questions or problems. We also ask you to support us if we do have disciplinary issues with your child, so that we can maintain a positive environment for all our students.

## Checklist:

- Valid passport or ID card (with visa where necessary)
- Photocopy of passport
- Flight ticket
- EF Confirmation letter & other EF documents
- Make sure all EF forms are complete
- A letter from your parents giving you permission to travel
- Medical and Travel Insurance documents with proof of insurance in English. If you have bought Erika Travel Insurance from EF, you do not need to have anything translated.
- Copy of any important medical documents, if possible translated into English.
- Local currency for your stay
- Any medication you take regularly
- EF Sales Office, EF School, Leader and emergency telephone numbers will be provided to you by your local EF office prior to departure.
- Homestay/ Residence details
- Passport Photos (4) for travel cards and EF Membership cards
- Luggage correctly labelled
- Adaptor for any electrical appliances you plan to bring with you. Remember that your host country may have different sockets & supply than in your home country.
- Mobile telephone
- Something from home: a picture of your family/ friends for example.

## SAMPLE TIMETABLE

### Week 1

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning	Induction	Beach Volleyball	English Lessons	Arts & Crafts	English Lessons	London with Thames Cruise	Salisbury & Stonehenge
Afternoon	Tour of Bournemouth	English Lessons	Oceanarium	English Lessons	Park Games		
Evening	Welcome party	Superheroes disco	Football night	Pottery	Film night	Evening with homestay hosts or in residence	Evening with homestay hosts or in residence

### Week 2

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning	English Lessons	T-shirt and face painting	English Lessons	Museum	English Lessons	Oxford and Christchurch College	A day in Bournemouth
Afternoon	Photo treasure hunt	English Lessons	Bowling	English Lessons	Shopping, beach and pier		
Evening	Party	Hawaiin Disco	Mini Olympics in the park	70's Disco	DVD night	Evening with homestay hosts or in residence	Evening with homestay hosts or in residence

# Student Code of conduct

The safety and well being of our students is our main concern, and in order to maintain a positive environment in our schools, it is necessary for us to have some school rules. It is important that students and parents look at this section together and sign below to confirm they have read and understood the information here.

## Students booked onto a junior course must...

### Course

- Attend all lessons and arrive on time.
- Join in lessons and complete all homework.
- Keep mobile phones switched off during lessons.
- Speak English as much as possible at all times.

### School

- Respect others.
- If you have a problem tell a member of EF staff.
- Look after your own property.
- Carry your 'Important telephone numbers and addresses' with you at all times.
- Please look after school facilities.

### Your Safety

- Be home by 10.15 pm
- Do not accept lifts from strangers or go anywhere with them.
- Do not give out personal information to people you do not know.
- Never travel alone at night and always go out in pairs or groups.
- Stay in well lit areas.
- Sit downstairs on the bus.
- Do not carry large amounts of cash.
- Take care crossing the road, in the UK we drive on the left.
- Always keep the EF emergency contact number with you and call a member of staff if you need help.
- When you are out and about remember to be polite to local residents. Do not jump queues; remember to say please and thank you. Be as quiet as you can when you return to your homestay/residence at night so that you do not upset your neighbours.

### Free Time

- After lessons or activities have finished you can return to your homestay or residence. If you do not return to your homestay or residence immediately then you are allowed some time to walk to local shops or enjoy sports activities with friends. You are not allowed to leave the local area, visit pubs or bars, or go anywhere with strangers.
- Return to your homestay or residence for dinner no later than 6pm (if you are on an excursion, return as soon as possible.)
- Get permission if you want to go out after dinner and always tell your homestay hosts or residence staff where you are going and who you are going with. If you have permission you are allowed to walk to local shops with your friends, go to an early evening cinema screening, or enjoy sports activities with friends. You are not allowed to leave the local area, visit pubs, bars or nightclubs, or go anywhere with strangers.

- Give your host parents a copy of your time table.
- Be polite and be part of your homestay hosts.
- Always telephone your homestay hosts if you are running late.
- Keep noise to a minimum after 10:30pm.

### Homestay

- Remember to sign in and out.
- No guests in rooms.
- Do not allow strangers into residence.
- Vacate the building when hearing the fire alarm.
- Keep noise to a minimum after 10.30pm.
- Follow residence rules.

### Residence

#### Activities

- Go to all EF activities and arrive on time.
- Listen to your leader and follow their instructions.

You must follow all national and local laws.

- Do not buy/consume alcohol or tobacco (you must be over 18 years).
- Do not buy, possess, use or sell illegal drugs.
- Do not steal.
- Do not threaten, commit, or take part in any act of violence.
- Do not carry weapons.

### The Law

We, the undersigned, hereby confirm that we have read and understood the EF Student Code of Conduct. We understand that breaking the code will result in disciplinary procedures, and in the worst cases, may result in the student being sent home with no refund of course fees.

Student Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_



# Medical Information

To be completed by parent or guardian. Please answer the following health questions as accurately as possible. If you have difficulty completing this form in English please contact your local EF office for assistance.

Has your son/daughter ever suffered from any of the following:

- Asthma:            Yes    No
- Hepatitis A:        Yes    No
- Appendicitis:     Yes    No
- Hepatitis B:        Yes    No
- Chicken Pox:        Yes    No
- Measles:            Yes    No
- Epilepsy:            Yes    No
- Mumps:              Yes    No
- Eating Disorder:  Yes    No
- Allergies:            Yes    No

Any disease, impairment or abnormality of:

- Eyes or Ears:        Yes    No
- Tonsils, Nose  
or Throat:            Yes    No
- Stomach or  
Digestive System:  Yes    No

If yes to any of the above, or if your son/daughter has any other medical condition, please give a detailed explanation:

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Is your son/daughter currently taking any kind of medication?    Yes    No

If yes, what and why?

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Has your son/daughter ever been under the care of a doctor for any kind of psychological disorder?    Yes    No

If yes, please describe when and for what:

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By signing below, you verify that the information on this page is correct to the best of your knowledge and that you authorize EF International Language Centers and its staff to arrange for necessary medical treatment for your son/daughter, including hospitalization and any emergency operation, which is determined necessary by a doctor or health care professional during his/her stay abroad. You also accept full responsibility for any medical expenses which are not covered by his/her insurance policy.

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

Please forward signed copies of the Student Code of Conduct and Medical Information to your local EF office. The staff there will ensure it is sent to the school.