



# ACADEMY TENNIS 2017

## Summary

**Centres:** Eastbourne, Vinehall, Handcross, Windlesham, Dicker and Lancing

**Venue:** On the outdoor hard tennis courts on campus.  
Eastbourne: at a local tennis club

**Hours:** 6 hours per week (4 x 1½ hour sessions)

**Days:** Monday, Tuesday, Thursday and Friday

**Ages:** 6–18

**Levels:** Beginner, Elementary, Intermediate and Advanced

**Instruction:** One coach per 10 students

**Fee:** £150 per week

## Dates

### Eastbourne:

Week 1: 2–8 Jul  
Week 3: 16–22 Jul  
Week 5: 30 Jul–5 Aug

### Handcross, Dicker & Lancing: All Weeks

### Windlesham:

Week 3: 16–22 Jul  
Week 4: 23–29 Jul  
Week 6: 6–12 Aug

### Vinehall:

Week 3: 16–22 Jul  
Week 5: 30 Jul–5 Aug

## Objectives

- To establish ball sense skills and apply them to tennis
- To use first and second serves effectively
- To learn about court positions and where to stand when competing
- To become more tactically aware and effective in playing the game of tennis
- To develop match play techniques, skills and fitness
- To practice specific techniques to enhance consistency
- To improve your standard of game play
- To increase your vocabulary relating specifically to tennis

## Further information

Academy may include a tour of **Devonshire Park International Lawn Tennis Centre** and home of the **Aegon International Tennis Competition**.